ANNUAL FISHING DERBY
SATURDAY, APRIL 25TH

Our Annual Fishing Derby will be held at Hedgehog Park, 53 Lowell Road, on Saturday, April 25th. The Fishing Derby is FREE and open to children 15 years old and younger. The Greater Salem NH Rotary Club sponsors this annual event, along with the Nashua National Fish Hatchery and Friends of Salem, NH Recreation. Participants register the day of the Derby:

8 Years Old and Under: 9 to 15 Years Old:
Registration: 8:30-9:00am 9:30-10:15am
Fishing: 9:00-10:15am 10:20-11:20am

Awards will follow at the end of the derby for each age group. Prizes will be awarded to the smallest and largest fish caught per age category. Only ONE prize per person will be awarded. However, other prizes will be raffled off, along with one participant from each age group being honored with the ‘Chuck Black Most Spirited Fishing Award’. This event will take place rain or shine!

NO FISHING ALLOWED 24 HOURS BEFORE THE START OF THE EVENT!

PALMER PRE-SCHOOL 2020-2021
The Palmer School runs through the Salem Community Services Department and focuses on the unique development of 3 and 4 year old children. Classes run from September through May with two (2) program options:

Ages 3 & 4--Monday, Wednesday, and Friday's from 9:00AM-12:00PM
Ages 4 ONLY--Monday through Friday from 9:00AM-12:00PM

*The Ages 4 ONLY option will expand upon weekly lesson plans & curriculum*

A waiver form and $60.00 deposit are due upon registration, which can take place online (AdminSports.net) or at the Recreation Office (1 Sally Sweet's Way). Please contact us for more information.

Only 14 Spaces Still Available!

HEDGEHOG PARK 2020
Park will OPEN Memorial Day Weekend: Saturday, May 23rd

HEDGEHOG PARK SUMMER PARKING PERMITS (available May 1st)
Daily Passes—$5.00/residents, $10.00/non-residents
Season Passes—$25.00/residents, $50.00/non-residents

*Summer Season Parking Permits can be purchased at the Community Services Dept. Monday through Thursday from 8:30AM-4:30PM and Friday from 8:30AM-3:30PM. No passes will be sold on the weekend. Call 603-890-2003 for more information.*
Registrations are now open for Spring programs. Program start dates and locations are subject to change and should be verified during registration. Registration fees are due when enrolling. Individuals must register at the Recreation Division located at the Ingram Senior Center on 1 Sally Sweet’s Way or online by clicking the registration link under the Recreation Division on the Town’s website. For office registrations, please visit the office between 8:30am and 4:30pm Monday thru Thursday, and 8:30am to 3:30pm on Fridays. Registrations are accepted on a first come, first serve basis.

Note: Individuals should register via CREDIT CARD ONLINE by clicking the registration link under the Recreation Division on the Town’s website or by paying cash/check at the Recreation Division office located at the Ingram Senior Center on 1 Sally Sweet’s Way—For security purposes, CHECKS are preferred at the office.

The most popular Recreation Program, Dodgeball, will return with a 9-week SPRING SESSION at the Barron Elementary School Gym. For ages 5-14. Times vary for depending upon age group. Each week, we will play dodgeball along with other variations of the game.

Games will be played at the Walmart Multi-Purpose Field with teams consisting of 4-6 participants. We will now be offering a 5-7 year old age category, as well as programs for ages 8-14. The number of teams will be dependent on the number of registrants. Volunteer coaches needed!

This youth program provides a quality recreation opportunity where children are introduced to physical fitness through basic track & field events, such as running, jumping, & throwing. For ages 9 to 14 held at Salem High School track (depending on availability).

Field Sports will take place during April Vacation at the Walmart Multi-Purpose Field. For ages 8-14 years old. Sports include: Kickball, Wiffle Ball, Ultimate Frisbee, Football, and Soccer!
The Recreation Division is pleased to announce that we have partnered with the National Karate Institute located at 401 Main Street in Salem, NH to continue offering quality Karate programs for Salem Residents, who will receive a community discount when registering.

The National Karate Institute has been located in Salem for 25 years! Their instructors are nationally certified with most having over 20 years experience. The lead instructor, Stephen Hewett, is an eight-degree licensed black belt and is excited at the opportunity to work with the Recreation Division.

The Karate program will take place monthly and the registration fee covers the cost of the entire month’s lessons.

### Dance Aerobics

Dance Aerobics is a 1-hour class aimed at burning more calories through a regimen of both slow and fast-paced dance routines. Class includes a warm-up and cool down period as well. *Sneakers are required*

<table>
<thead>
<tr>
<th>Ages</th>
<th>Monthly Fee</th>
<th>Session Length</th>
<th># Sessions per Month</th>
<th>Days/Time Available for Lessons</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-5</td>
<td>$20</td>
<td>30 minutes</td>
<td>4 (once a week)</td>
<td>Mon &amp; Weds 4:00-4:30PM, Fri 6:00-6:30PM, and/or Sat 12:45-1:15PM</td>
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<tr>
<td>6-12</td>
<td>$20</td>
<td>45 minutes</td>
<td>8 (twice a week)</td>
<td>Mon 6:00-6:45PM, Tues 4:00-4:45PM, Thurs 4:00-4:45PM, Fri 6:45-7:30PM, and/or Sat 11:45-12:30PM</td>
</tr>
<tr>
<td>13+</td>
<td>$20</td>
<td>60 minutes</td>
<td>8 (twice a week)</td>
<td>Mon &amp; Weds 7:00-8:00PM, and/or Sat 9:15-10:15AM</td>
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### Tap Dance

Marie Cammarata, DTCB, ASFA will instruct this 10-week fundamental tap class, which incorporates choreographed routines through various styles and periods of music. *Tap shoes are required*

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<tr>
<td>18+</td>
<td>$20</td>
<td>45 minutes</td>
<td>8 (twice a week)</td>
<td>Mon 6:45PM-7:45PM, Fri 6:45PM-7:30PM, Sat 9:15-10:15AM</td>
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Participants MUST register at the Recreation Office located at the Ingram Senior Center. A $10.00 annual registration fee will be assessed to all participants who are residents (proof of residency required). *Office Registrations ONLY!*

### Men’s 40+ Basketball

**Annual Program (Jan. 1st-Dec. 31st)**

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<tr>
<td>40+</td>
<td>$10 Res, $20 Non - Res</td>
<td>Varies (see above)</td>
<td>* One time fee</td>
<td>Varies depending on school availability</td>
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COMMUNITY GARDENS

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The Community Gardens will be ready for planting in May. All applications must be filled out and approved by the Community Services Department. There are only **16 plots still available** and will be granted on a first come, first serve basis.

SALEM OLYMPICS ADAPTIVE TRACK AND FIELD PROGRAM

Open to any individual ages 8 and up with intellectual challenges. The Salem Olympic Devils Adaptive Track & Field program runs from April through June 2020.

Practices: To be determined. Contact the Recreation Office at 603-890-2003 for more details.

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