Local Elections—March 10, 2020

SGC-23 has assembled election information including candidate interviews, warrant articles, and sample ballots on their Election Central website. There are contested elections for several boards and committees. Voting takes place on Tuesday, March 10.
At their meeting on March 24, the Planning Board will review a plan for a 2400 square foot bank at 365 South Broadway, on the corner of Pattee Road, which was previously used by D’Angelo’s sandwich shop. More information, including site plans, are available here.
It is our pleasure to announce the recent hiring of Probationary Firefighter/EMTs Joseph LaCarbonara and Nicholas Hamilton.

**Mr. Joseph LaCarbonara Badge #238** of Salem (pictured on the right)

Prior to coming to the Salem Fire Department, Joseph was employed with the Town of Hampstead Fire Department as a per-diem Firefighter/EMT and Trinity EMS, Inc. as an EMT. He is a certified New Hampshire Pro-Board Firefighter Level 2, New Hampshire licensed and Nationally Certified Advanced EMT. He is also a Certified Hazardous Materials Operations level Haz-mat responder.

**Mr. Nicholas Hamilton Badge #239** of Derry (pictured on the left)

Prior to coming to the Salem Fire Department, Nicholas was employed with the Town of Danville Fire Department as a per-diem Firefighter/EMT and Lawrence General Hospital as an EMT. He is a certified New Hampshire Pro-Board Firefighter Level 2, New Hampshire licensed and Nationally Certified EMT. He is also a Certified Hazardous Materials Operations level Haz-mat responder.

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The Salem Police Department was able to team up with the new Tuscan Market Basket and bring another Coffee With a Cop to Salem! Our hosts were nice enough to provide coffee and delicious donuts to all. We were joined by great people and enjoyed discussing issues around town and simply getting to know one another. We invite everyone to join us next time!
Community Services

The ROC Group

Raising Others’ Children - Kinship Support

The ROC Group - like “rock” - Rocks signify strength, stability and a strong foundation.

Caregivers are rocks in children’s lives.

When: Mondays, 6:00 - 7:30 pm

Where: Kelley Library, 234 Main St. Salem, lower level small conference room

Format: Leader facilitated participant discussions with compelling guest speakers.

Group facilitator: Brenda Burke MS, APRN, PMHCNS-BC

Board Certified Advanced Practice Registered Nurse

Child care available onsite with PRIOR arrangement.

There is no cost to attend.

Register at: www.salemfamilyresources.org

OR

Please call or email to let us know you’re coming!

email: info@salemfamilyresources.org  call: 603 898-5493

Salem Family Resources-Success By 6

www.salemfamilyresources.org  603 898-5493  info@salemfamilyresources.org

* Salem Family Resources-Success By 6 is funded in part by generous donors and the Town of Salem, NH
What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19?

Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic.

Have there been cases of COVID-19 in the U.S.?


How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html.

What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

• fever
• cough
• shortness of breath

What are severe complications from this virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

• Avoid close contact with people who are sick.
• Avoid touching your eyes, nose, and mouth with unwashed hands.
• Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should

• Stay home when you are sick.
• Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
• Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled from an area with ongoing spread of COVID-19?

If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don’t go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.

For more information: www.cdc.gov/COVID19
Polling Locations

GIS Manager John Vogl spoke with SGC-23 and demonstrated how to use the interactive online map to find your Salem polling location. Simply type in your address or navigate to your location and click to see the assigned polling location and sample ballot.